

ARTICLES OF INCORPORATION

Canada Not-for-profit Corporations Act (NFP Act)

1. Corporate Name:

Free From Faith

2. Province/Territory of Registered Office:

Ontario, Canada

3. Minimum and Maximum Number of Directors:

Minimum: 3

Maximum: 10

4. Statement of the Purpose of the Corporation:

(a) To promote mental health, spiritual well-being, and mindfulness practices among the general public by offering free and accessible yoga, meditation, and self-development programs;

(b) To advance education by offering structured programs, seminars, workshops, online courses, and materials focused on meditation, yoga, mental health awareness, personal development, and related subjects;

(c) To relieve conditions associated with mental health disorders by offering coping programs, retreats, and community support services;

(d) To organize and operate volunteer-based programs, events, and trips promoting mental, emotional, and spiritual growth;

(e) To raise funds and accept donations to support and promote the Corporation's purposes.

5. Restrictions on Activities:

The activities of the Corporation shall be limited to those permitted by a registered charity under the Income Tax Act (Canada). The Corporation shall not carry on any business not related to its charitable purposes. No part of the income of the Corporation shall be payable to, or otherwise available for the personal benefit of, any member, director, officer, or incorporator except as permitted under the NFP Act.

6. Statement Regarding Distribution of Assets Upon Dissolution:

Upon liquidation, dissolution, or winding-up of the Corporation, all remaining assets after the payment of debts and liabilities shall be distributed to one or more registered charities in Canada whose purposes are similar to those of the Corporation.

7. Classes of Membership:

The Corporation shall have two classes of membership:

- Regular Members: Individuals who support the Corporation's mission and purposes.
- Honorary Members: Individuals or organizations who are granted honorary status in recognition of their significant contributions.

Membership qualifications, rights, and obligations shall be as set forth in the Corporation's bylaws.

8. Borrowing Powers:

The directors of the Corporation may, without authorization of the members:

- Borrow money upon the credit of the Corporation;
- Issue, reissue, sell, pledge, or hypothecate debt obligations of the Corporation;
- Mortgage, hypothecate, pledge, or otherwise create a security interest in all or any property of the Corporation.

9. Additional Provisions:

- The Corporation shall be carried on without the purpose of gain for its members, and any profits or other accretions to the Corporation shall be used in promoting its purposes.
- The Corporation shall apply for charitable registration under the Income Tax Act (Canada).
- Directors shall serve without remuneration, and no director shall directly or indirectly receive any profit from his or her position as such; provided that directors may be reimbursed for reasonable expenses incurred in the performance of their duties.

10. Name and Addresses of Incorporators:

[Himanshu Gupta, 165 veterans drive , Brampton, Ontario, L7A5L2]

[Vikas Vats, 6044 Silken Laumann Way, Mississauga, Ontario, L5V 3A3]

[Nikhil Garg, 405, 1100 Rue Goulet , Montreal, Quebec, H4R2C6]

Dated this 28th day of May, 2025.

Signature of Incorporators:
